

Children's Environmental Health Working Group
Collaborative on Health and the Environment- WA (CHE-WA)
Meeting Notes
Thursday, June 13, 2013

HOST: Change Your Food - Change Your Life!™

VENUE: Graham Visitors Center, Washington Park Arboretum, University of Washington Botanic Gardens, Seattle

Find attendee list at end of notes.

Reminder to all...instructions on how to join the Northwest Kids Environmental Health Group listserv:

Read and post information, events and opportunities specifically regarding children's environmental health news in the Northwest. To join, go to www.ecy.wa.gov/maillist.html. Scroll down to Environmental Education, click on Northwest Kids Environmental Health Group and follow the directions. You will need to sign up in order to post and receive messages.

Member Updates

1. Miranda Taylor. Kinesiology – worked lately with a naturopath to work with kinesiology and nutrition. Looking to identify common stressors. Nutrition Response Testing
2. Will Perry. Program building. Working with the provider community on lead poisoning prevention.
3. Gail Gensler and Sharon Schoenfeld-Cohen. LHWMP (King County) Childcare provider education to reduce exposures to environmental hazards. Requests received to conduct trainings and assessments/follow ups. Particularly interested in Head Starts. Using the Eco-Healthy Child Care Program. Matching funds up to \$500 available to purchase less toxic toys, arts & crafts, and area rugs. Going to present in Ellensburg at early childhood education conference.
4. Nicole Thomsen. Funding/jobs shifting – fine tuning to focus on healthy housing/built environment/land-use planning department.
5. Denise Sharifi. South King County outreach on the Asarco Plume (lead & arsenic). 1,000 sq. miles. Restarting outreach to communities.
6. Alice Park. Community Campus Partnerships for Health. Community-based organizations & academic institutions to do community-based research. Hosts monthly calls for community-based organizations engaged in research. Conference in the fall on community-based participatory research. Presenting at the EPA/EJ conference in North Carolina. www.ccpf.info
7. Rad Cunningham. Launched healthy housing dataset internally for testing reasons. Could be used to track environmental health data with homes. Working on a lead risk map for King County – parcel-based. Condition, value, age – percentage minority, median income.
8. Nancy Bernard. Healthy Homes revised brochure and Integrated Pest Management brochure. Training for local health and doing plan review. Wildfire smoke ventilation guidance. Guidance to local health and schools on air quality.
9. Elena Perez. Overlooked research – The Role of Unions and Social Determinants of Health. Wealth gap. Poverty as a driving determinant of health and unions play a very large role in decreasing poverty and making better jobs. Childcare provider union would be a good connection for training on environmental hazards. Also working with retail/service sector jobs to elevate pay for staff.
10. UW Center for Eco – Safe Seafood, Duwamish Public Comment Period Ends today, Public Health Café on pesticides, practicum student coming in genetically modified foods.
11. Fran Solomon. Educational resource. Alaska Community Action on Toxics does monthly webinars – last Wed. of the month. www.akaction.org
12. Gretchen Stewart. Webinar series on Sensible Steps to Healthier School Environments. Next is on June 18th.
13. Aileen – Asthma Education Institute next week in Tacoma. Essentials course late June in Bellingham. Corvallis – another training. Healthy home assessments to any Seattle resident.
14. Steve Gilbert. New radio program focused on environmental issues. Low Dose of Toxicology new edition available. Chinese version available Oct. 12th.
15. Holly Davies. Preventing toxic exposures, products, etc... Children's Safe Products Law, company is starting reporting data – going to start analyzing data. Publically available. Chemicals used widely in a lot of products. Federal Chemical Policy Reform – bipartisan bill much more on industry side. Hearing today in D.C. – Holly can put out some information on that. PCBs everywhere – one of the issues is the old capacitors in schools. Don't know what extent in Washington schools have removed.
16. Carolyn Gleason. Affordable Care Act all the time. Reduce the uninsured.
17. Margo Young – Fed Partners meeting, STAR grant, listserv
18. Katherine Pryor. KC PH – change retail food environments in 3-4 So. King County hospitals. Make the healthy choice the easy choice. Healthy Foods in Health Care Awards. 2 hospitals won three of the national awards. Overlake

Hospital and UW Medical Center Sustainable Procurement and Food, Health & Climate Award. UW is interested in looking at patient outcomes related to food. Happy story- Sylvia's Spinach (Mara Farms) – second graders read the book and then harvested spinach and herbs.

19. Corey Colwell-Lipson. Prenatal Bonding – access to moms who are becoming pregnant or who are pregnant opens up the ability to focus on babies needs. Certifying facilitators to practice here in U.S. From Hungary and Germany. Research needs to be done here. Prenatalbonding.org

Host Presentation

Change Your Food – Change Your Life! presented a live show in word, story, and song, “Get Those Toxins Out of Your Mouth!” featuring Dennis L. Weaver, Founder, and Good Food Guide with Change Your Food - Change Your Life! Artist Ambassador, Pastor Gary L. Wyatt

Some text snippets from the show:

- Change Your Food - Change Your Life!™ is a FUN, *high-energy* GOOD HEALTH education company designed to inform, encourage, coach and INSPIRE you to make 100% Organic Good Food Choices, FOODS that are LIFE-GIVING, NOT life-diminishing. Through stories, songs and testimonials we take the facts from the science books and entertain and motivate you with them.
- Our children need to be nourished, not just fed. They need to be nourished so that they're ready and able to greet the future and not end up bein' sick, lame and lazy. You need *life* from your *food!* You *deserve* a vibrant, good life!
- These non-organic, processed, refined, synthesized, chemically separated, denatured, stripped of all life, nutritionally bereft, artificial, preserved concoctions **are not food ... they are manufactured products!**
- Millions of Americans from toddlers to senior citizens don't get enough vitamins, minerals, fiber and enzymes in their non-organic poor foods to keep disease out of their lives. Our soil has been depleted of its nutrients through chemical farming, the processing and refining of our non-organic poor foods has stripped them of their life... additives and preservatives shock the human body and weaken the immune system.
- Over the past 35 years of traditional nutrition *education*, we've become the sickest, fattest Nation ever, growing sicker and fatter at an ever increasing rate. We're on the verge of raising a generation that won't live as long as the previous generation. And the first time the next generation doesn't live as long as the previous generation will be first time that has happened in all of Humankind! AND AFTER 35 years of traditional nutrition *education*, Americans meet dietary guidelines *less than 2% of the time*, just 7 days a year! THAT'S it! And the health of immigrants slips the longer they live in U.S.A.!
- Organic Good Foods are Inspected and Certified from Seed to Farm to Store by an independent 3rd Party Agency. HONOR yourself by making 100% Organic Good Food Choices.
- Change Your Food - Change Your Life! Artist Ambassador, Pastor Gary L. Wyatt sang, *'Til My Change Comes*, http://www.changeyourfood.com/music/Til_My_Change_Comes_Pastor_GaryLWyatt.mp3 and *GO-O*, http://www.changeyourfood.com/music/GO_O.mp3)

Attendee list

Host: Dennis Weaver, Change Your Food - Change Your Life!™

Nancy Bernard, WA Department of Health

Tracy Bier, AT Bier Communications and Marketing

Vickie Carper, mom

Corey Colwell-Lipson, The Green Year LLC

Rad Cunningham, WA Department of Health

Holly Davies, PhD, WA Dept. of Ecology

Katie Frevert, Superfund Research Program at UW

Aileen Gagny, American Lung Association

Kathryn Gardow, Gardow Consulting

Gail Gensler, Local Hazardous Waste Management Program in King County (LHWMP)

Steven Gilbert, PhD. Steve Gilbert, Institute for Neurotoxicology and Neurological Development

Carolyn Gleason, Health Resource Services Administration

Marilyn Hair, UW

Alice Park, Community Campus Partnerships for Health

Will Perry, LHWMP

Elena Perez, UFCW 21

Katherine Pryor, Healthcare Without Harm

Sharon Schoenfeld-Cohen, LHWMP

Denise Sharify, Public Health-Seattle & King County

Fran Solomon, PhD. Environmental Science Professor, Evergreen Community College - Tacoma branch

Miranda Taylor, Gesundheit Wellness

Nicole Thomsen, Public Health-Seattle & King County/and LHWMP

Gretchen Stewart, Environmental Protection Agency Region 10 (EPA)

Krysta Thornton, American Lung Association

Pastor Gary L. Wyatt

Cheryl Wyatt

Margo Young, Environmental Protection Agency Region 10 (EPA)

On Phone:

Rachel Koller, environmental health consultant, Tribal Healthy Homes Northwest

Ann Butler, WA Department of Health